

# Bio-Multi Plus™

Product # 1161  
90 Tablets

## Supplement Facts

Serving Size: 3 Tablets

Servings Per Container: 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as natural mixed carotenoids and palmitate) (IU ratio 1:2).....	7,500 IU 150%	Zinc (as gluconate, citrate).....	15 mg 100%
Vitamin C (as calcium and magnesium ascorbate).....	100 mg 167%	Selenium (from vegetable culture †).....	50 mcg 71%
Vitamin D (as cholecalciferol).....	400 IU 100%	Copper (as gluconate).....	2 mg 100%
Vitamin E (as $\alpha$ -tocopherol acetate).....	30 IU 100%	Manganese (as gluconate).....	2 mg 100%
Vitamin K (as phytonadione).....	35 mcg 44%	Chromium (from vegetable culture †).....	50 mcg 42%
Thiamin (B1) (as thiamin mononitrate).....	10 mg 667%	Molybdenum (from vegetable culture †).....	10 mcg 13%
Riboflavin (B2).....	10 mg 588%	Potassium (as chloride, gluconate).....	99 mg 3%
Niacin (as niacinamide).....	20 mg 100%		
Vitamin B6 (as pyridoxine hydrochloride).....	10 mg 500%	Boron (as calcium borogluconate).....	1 mg *
Folate (as calcium folinate).....	400 mcg 100%	Lithium (from vegetable culture †).....	20 mcg *
Vitamin B12 (as methylcobalamin).....	10 mcg 167%	Rubidium (from vegetable culture †).....	25 mcg *
Biotin.....	300 mcg 100%	Vanadium (from vegetable culture †).....	5 mcg *
Pantothenic Acid (as calcium pantothenate).....	25 mg 250%	Citrus Bioflavonoids (from citrus fruit).....	10 mg *
Calcium (as citrate).....	200 mg 20%	Lysine (as L-Lysine hydrochloride).....	30 mg *
Iron (as gluconate).....	18 mg 100%	L-Methionine.....	30 mg *
Iodine (from Kelp).....	150 mcg 100%	N-Acetyl-L-Cysteine.....	10 mg *
Magnesium (as citrate, gluconate, glycinate).....	100 mg 25%	Coenzyme Q10 (emulsified).....	1 mg *
		Superoxide Dismutase (from vegetable culture †).....	20 mcg *
		Catalase (from vegetable culture †).....	20 mcg *

\*Daily Value not established

**Other Ingredients:** Stearic acid (vegetable source), modified cellulose gum, cellulose, magnesium stearate (vegetable source) and food glaze.

† Specially grown, biologically active vegetable culture containing **Phytochemically Bound Trace Elements™** and/or naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

**This product is gluten and dairy free.**

**RECOMMENDATION:** Three (3) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

**WARNING: Accidental overdose of iron-containing products is a leading cause of poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.**

### KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.  
Sealed with an imprinted safety seal for your protection.

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