

Pre-Natal Packs™

Product # 6260

31 Packs

Supplement Facts

Serving Size: 1 Pack

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Calories	20		Iodine (from kelp)	100 mcg	67%
Calories from Fat	20		Magnesium (as magnesium citrate, glycinate and ascorbate)	200 mg	50%
Total Fat	2 g	3%††	Zinc (as zinc gluconate and zinc citrate)	23 mg	153%
Saturated Fat	0 g	0%††	Selenium (from vegetable culture †)	50 mcg	71%
Cholesterol	10 mg	3%	Copper (as copper gluconate and copper citrate)	4 mg	200%
Vitamin A (as natural mixed carotenoids and palmilate)	5,000 IU	100%	Manganese (as manganese gluconate)	2 mg	100%
Vitamin C (as magnesium ascorbate and ascorbic acid)	320 mg	533%	Chromium (from vegetable culture †)	50 mcg	42%
Vitamin D (as cholecalciferol)	200 IU	50%	Potassium (as potassium chloride)	99 mg	3%
Vitamin E (as d-alpha tocopherol)	400 IU	1,333%	Boron (as calcium borogluconate)	1 mg	*
Vitamin K (as phytonadione)	10 mcg	13%	Rubidium (from vegetable culture †)	20 mcg	*
Thiamin (B1) (as cocarboxylase chloride)	1.5 mg	100%	Vanadium (from vegetable culture †)	10 mcg	*
Riboflavin (as riboflavin-5-phosphate)	1.7 mg	100%	Omega-3 fatty acids (from 2g fish oil providing not less than 360 mg EPA & 240 mg DHA)	600 mg	*
Niacin (as niacinamide)	100 mg	500%	N-Acetyl-L-Cysteine	50 mg	*
Vitamin B6 (as pyridoxal-5-phosphate)	4 mg	200%	L-Methionine	100 mg	*
Folate (as calcium folinate)	800 mcg	200%	Taurine	150 mg	*
Vitamin B12 (as methylcobalamin)	17 mcg	283%	Superoxide Dismutase (from vegetable culture †)	20 mcg	*
Biotin	300 mcg	100%	Catalase (from vegetable culture †)	20 mcg	*
Pantothenic Acid (as calcium pantothenate)	10 mg	100%			
Calcium (as calcium citrate)	400 mg	40%			
Iron (as ferrous gluconate)	25 mg	139%			

Other ingredients: Capsule shells (gelatin, glycerin and water), cellulose and magnesium stearate (vegetable source).

Contains ingredients derived from Anchovy and Sardine

† Specially grown, biologically active vegetable culture containing **Phytochemically Bound Trace Elements™** and/or naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

This product is gluten and dairy free.

RECOMMENDATION: One (1) pack each day as a dietary supplement or as otherwise directed by a healthcare professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control immediately.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

Product # 6260 Rev. 08/13